**Help Maintain a Healthy Campus**

**10 Tips to Remember**

- Wear a mask that covers both your nose and mouth.
- Limit time spent at time clocks.
- Limit the duration of close interactions (less than six feet) to no more than 10 minutes within a 24-hour period.
- Be mindful of interactions during shift changes.
- Maintain physical distance (six feet apart) as much as possible.
- Whenever possible, take breaks outdoors.
- Exposure is lessened when masks are worn in enclosed spaces.
- Take breaks with the same people each day. Limit groups to no more than 3 people.
- Restrict vehicle occupancy to one person.
- It is safest to eat alone. If you do eat with others, maintain physical distance, wear a mask until seated, and only remove your mask to eat.

Visit [COVID.CORNELL.EDU](https://COVID.CORNELL.EDU) for more information.

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